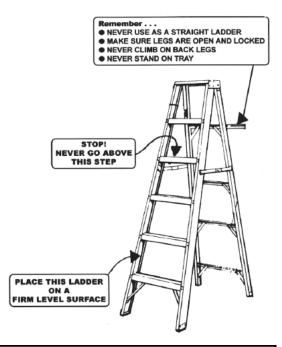


Tool Box Talk Portable Ladders

Special points of interest:

- Falls from ladders cause 20 percent of all fatal falls in construction.
- Workers often hit power lines with ladders while positioning the ladder..
- Inspect ladders before use for damage.
- Defective ladders must be tagged "Do Not Use" and remove from the job site.
- Be sure the ladder is on firm and level ground so it will not sink and will not slide.
- Never over-reach to the side. Over-reaching means both shoulders outside the rails.
- No standing on the top (cap) or the top step of step ladders. You are likely to lose your balance and fall.
- Step ladders must be fully open and spreaders locked. Do not use them in the folded position.
- Extension ladders angle should be at a 4:1 ratio. For every 4 feet up, 1 foot back.
- Ladders must extend at least 3 feet above the landing, giving you a handhold when climbing on and off the ladder.
- Tie-off extension ladders at the top whenever possible.
- Watch for power lines above.
 Keep aluminum ladders at least 20 feet away from power lines.





Michigan Department of Licensing and Regulatory Affairs
Michigan Occupational Safety and Health Administration
Consultation, Education & Training Division
530 W. Allegan Street, Box 30643
Lansing, MI 48933

Attendance Record

Company:			
Topic:			
Trainer:		Date:	
	Signature	Signature	
1.		18.	
2.		19.	
3.		20.	
4.		21.	
5.		22.	
6.		23.	
7.		24.	
8.		25.	
9.		26.	
10.		27.	
11.		28.	
12.		29.	
13.		30.	
14.		31.	
15.		32.	
16.		33.	
17.		34.	
Comments:			