

# Cal/OSHA Consultation Services Branch

TOLL FREE 1-800-963-9424

INTERNET [www.dir.ca.gov/dosh/consultation.html](http://www.dir.ca.gov/dosh/consultation.html)

EMAIL [InfoCons@dir.ca.gov](mailto:InfoCons@dir.ca.gov)

## On Site Assistance Program Area Offices



- 1 Sacramento**  
*Northern California*  
(916) 263 0704
- 2 Oakland**  
*San Francisco Bay Area*  
(510) 622 2891
- 3 Fresno**  
*Central Valley*  
(559) 445-6800
- 4 Van Nuys**  
*San Fernando Valley*  
(818) 901 5754
- 5 La Palma**  
*La Palma, Los Angeles Metro Area,  
Orange County*  
(714) 562 5525
- 6 San Bernardino**  
*San Bernardino, Inyo and Riverside Counties*  
(909) 383 4567
- 7 San Diego**  
*Imperial and San Diego Counties*  
(619) 767 2060



California Voluntary  
Protection Program,  
Oakland (510) 622-1081

**Worker Information Hotline** For telephone numbers and website addresses to help workers with safety and health and other workplace concerns call DIR's Toll Free number: **1-866-924-9757**

Updated June 2019

CAL/OSHA POCKET GUIDE FOR THE CONSTRUCTION INDUSTRY

# CAL/OSHA POCKET GUIDE FOR THE CONSTRUCTION INDUSTRY



[www.dir.ca.gov](http://www.dir.ca.gov)

# Division of Occupational Safety and Health (DOSH) Headquarters

1515 Clay Street, Suite 1901, Oakland, CA 94612

Phone (510) 286-7000

Internet [www.dir.ca.gov/dosh/dosh1.html](http://www.dir.ca.gov/dosh/dosh1.html)

## This Guide . . .

does not provide full legal interpretation of Cal/OSHA regulations or their underlying statutes.

Readers should refer directly to Cal/OSHA Title 8 regulations in the California Code of Regulations ([www.dir.ca.gov/samples/search/query.htm](http://www.dir.ca.gov/samples/search/query.htm)) and to the California Labor Code (<http://leginfo.legislature.ca.gov/faces/codes.xhtml>) for detailed information regarding the scope, specifications, and exceptions of a particular regulation and for other requirements that may be applicable to their operations.

### Publications Unit – Updated June 2019

Produced by the California Department of Industrial Relations (DIR), Division of Occupational Safety and Health (Cal/OSHA).

To obtain copies of Cal/OSHA safety and health publications, contact a Cal/OSHA Consultation Services office listed in the back of this booklet, or go to [www.dir.ca.gov/dosh/puborder.asp](http://www.dir.ca.gov/dosh/puborder.asp).

### CAL/OSHA ENFORCEMENT

To report workplace accidents and file complaints, contact the nearest Cal/OSHA Enforcement Office listed below:

#### Regional Offices

**San Francisco**  
(415) 557-0300

**Sacramento**  
(916) 263-2803

**Santa Ana**  
(714) 558-4300

**High Hazard Unit**  
Santa Ana: (714) 567-7100  
Oakland: (510) 622-3009

**Monrovia**  
(626) 471-9122

#### District Offices

**American Canyon**  
(707) 649-3700

**Bakersfield**  
(661) 588-6400

**Foster City**  
(650) 573-3812

**Fremont**  
(510) 794-2521

**Fresno**  
(559) 445-5302

**Long Beach**  
(562) 506-0810

**Los Angeles**  
(213) 576-7451

**Modesto**  
(209) 545-7310

**Oakland**  
(510) 622-2916

**Redding**  
(530) 224-4743

**Sacramento**  
(916) 263-2800

**San Bernardino**  
(909) 383-4321

**San Diego**  
(619) 767-2280

**San Francisco**  
(415) 557-0100

**Santa Ana**  
(714) 558-4451

**Van Nuys**  
(818) 901-5403

**Monrovia**  
(626) 239-0369