SUBJECT: National Emphasis Program – Occupational Exposure to Isocyanates

ABSTRACT

Purpose: This instruction describes policies and procedures for implementing a

National Emphasis Program to identify and reduce or eliminate the

incidence of adverse health effects associated with occupational exposure

Occupational Safety and Health Administration

to isocyanates.

U.S. DEPARTMENT OF LABOR

Scope: This instruction applies OSHA-wide.

References: OSHA Instruction CPL 02-00-150, Field Operations Manual (FOM), April

22, 2011;

OSHA Notice 13-01 (CPL 02), Site-Specific Targeting 2012 (SST-12),

January 4, 2013.

Cancellations: This instruction supersedes all Regional and Local Emphasis Programs

specifically dealing with isocyanates.

State Impact: Notice of intent and adoption required. See Section VII.

Action Offices: OSHA National, Regional and Area Offices, State Plan and State

Consultation Offices.

Originating Office: Office of Health Enforcement.

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By and Under the Authority of

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Executive Summary

This National Emphasis Program (NEP) was developed to focus OSHA resources on the workplace health issue of occupational exposure to isocyanates. This instruction combines enforcement and outreach efforts to raise awareness of employers, workers, and safety and health professionals of the serious health effects associated with occupational exposure to isocyanates. The health effects of occupational exposure to isocyanates include occupational asthma, irritation of the skin (dermatitis) and mucous membranes (eyes, nose, and throat), hypersensitivity pneumonitis, and chest tightness. Isocyanates include compounds also classified as potential human carcinogens and known to cause cancer in animals. Workers in a wide range of industries and occupations are exposed to at least one of the numerous isocyanates known to be associated with work-related asthma. Occupational factors are associated with at least 15 percent of all adult onset asthma cases in the United States. Occupational asthma is an illness characterized by intermittent breathing difficulty including chest tightness, wheezing, cough and shortness of breath. It is frequently serious and sometimes fatal. Jobs that may involve exposure to isocyanates include painting, blowing foam insulation, and the manufacture and thermal degradation of many polyurethane products such as polyurethane foam, insulation materials, surface coatings, car seats, furniture, foam mattresses, under-carpet padding, packaging materials, shoes, laminated fabrics, polyurethane rubber, and adhesives. This instruction sets forth a site selection system that targets multiple industries and will focus on evaluating inhalation, dermal and other routes of occupational exposure to isocyanates. This instruction supersedes all Regional and Local Emphasis Programs specifically addressing occupational exposure to isocyanates.

Significant Changes

This instruction describes a new initiative by the Occupational Safety and Health Administration.

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I. <u>Purpose.</u>

This instruction describes policies and procedures for implementing a National Emphasis Program to identify and reduce or eliminate the incidence of adverse health effects associated with occupational exposure to isocyanates.

II. Scope.

This instruction applies OSHA-wide.

III. References.

- A. OSHA Instruction CPL 02-00-150, <u>Field Operations Manual (FOM)</u>, April 22, 2011, and subsequent changes.
- B. OSHA Notice 13-01 (CPL 02), <u>Site-Specific Targeting 2012 (SST-12)</u>, January 4, 2013.
- C. OSHA Instruction CPL 02-00-025 (CPL 2.25I), <u>Scheduling System for Programmed Inspections</u>, January 4, 1995.
- D. OSHA Instruction CPL 02-00-051(CPL 2-0.51J), <u>Enforcement Exemption and Limitations under the Appropriations Act</u>, May 28, 1998.
- E. OSHA Instruction CSP 03-02-002, <u>OSHA Strategic Partnership Program for Worker Safety and Health</u>, December 9, 2004.
- F. OSHA Instruction CPL 02-00-135, <u>Recordkeeping Policies and Procedures Manual</u>, December 30, 2004.
- G. OSHA Instruction TED 01-00-015, OSHA Technical Manual, January 20, 1999.
- H. OSHA Instruction CPL 02-00-120 (CPL 2-0.120), <u>Inspection Procedures for the Respiratory Protection Standard</u>, September 25, 1988.
- I. OSHA Instruction CPL 02-02-038 (CPL 2-2.38D), <u>Inspection Procedures for the Hazard Communication Standard</u>, March 20, 1998.
- J. OSHA Instruction CPL 02-01-050, <u>29 CFR Part 1910</u>, <u>Subpart I, Enforcement Guidance for Personal Protective Equipment in General Industry</u>, February 10, 2011.
- K. OSHA Safety and Health Topics, OSHA Sampling and Analytical Methods.
- L. OSHA Instruction CPL 02-00-141, <u>Inspection Scheduling for Construction</u>, July 14, 2006.

- M. OSHA Instruction CPL 02-02-072, <u>Rules of agency practice and procedure concerning OSHA access to employee medical records</u>, August 22, 2007.
- N. OSHA Instruction CPL 02-02-070, <u>Inspection Procedures for Occupational</u>

 <u>Exposure to Methylene Chloride Final Rule 29 CFR Part 1910.1052, 29 CFR Part 1915.1052 and 29 CFR Part 1926.1152</u>, December 14, 2001.
- O. OSHA Instruction ADM 04-00-001, <u>OSHA Field Safety and Health Manual</u>, May 23, 2011.

IV. Cancellations.

This instruction supersedes all Regional and Local Emphasis Programs specifically addressing occupational exposure to isocyanates.

V. <u>Expiration</u>.

This instruction will expire three (3) years from the issuance date.

VI. Action Offices.

A. Responsible Office.

Directorate of Enforcement Programs, Office of Health Enforcement.

B. Action Offices.

National, Regional and Area Offices; State Plan and State Consultation Offices.

C. <u>Information Offices.</u>

OSHA National Offices.

VII. Federal Program Change.

Notice of Intent and Adoption Required. This instruction describes a Federal program change which establishes a new National Emphasis Program (NEP) to identify and reduce or eliminate the incidence of adverse health effects associated with occupational exposure to isocyanates. Because the seriousness and prevalence of this problem is nationwide, state participation in this national emphasis effort is required. A list of relevant industries (by Standard Industrial Classification (SIC)/North American Industry Classification System (NAICS) codes) where isocyanate exposures are known to occur is in Appendix A of this instruction. Upon request the Directorate of Evaluation and Analysis (DEA), Office of Statistics, will prepare a master inspection list for each State Plan Office. States must code inspections under this NEP as "ISOCYAN8," as described in Section XIV of this instruction.

The State's notice of intent must indicate whether the State's emphasis program will be identical to or different from the Federal program. If a State is already implementing an emphasis program in this area, or if it adopts a new initiative in response to this Federal

program change, its implementing policies and procedures must be at least as effective as those in this instruction. If a State adopts or maintains an emphasis program on isocyanates which differs from the Federal program, the State must identify those differences and either post its policy on the State Plan's website and provide a link to OSHA or provide an electronic copy to OSHA with information on how the public may obtain a copy. If the State's emphasis program is identical to the Federal program, it must provide the date of adoption to OSHA. State adoption must be accomplished within 6 months of the effective date of this instruction, with posting or submission of documentation within 60 days thereafter. OSHA will provide summary information on the State responses to this instruction on its web site.

VIII. Consultation Programs.

When appropriate, consultation programs are encouraged to develop their own strategic approaches for reducing the health effects associated with occupational exposure to isocyanates covered by this NEP.

IX. Significant Changes.

This instruction supersedes all Regional and Local Emphasis Programs specifically addressing occupational exposure to isocyanates.

X. Application.

This instruction applies to all workplaces (General Industry, Construction, and Maritime) under the jurisdiction of Federal OSHA.

XI. <u>Background</u>.

Exposures to isocyanates can have adverse health effects for workers. Organic isocyanates are chemicals which contain one or more isocyanate groups (-NCO) attached to an organic group. The general term "isocyanates" refers to all chemicals with two or more isocyanate groups such as diisocyanates or polyisocyanates. Respiratory disease among workers exposed to isocyanates has been recognized since the 1950s. Exposure limits have been established in the U.S. and other countries for both ceiling and TWA exposures. Isocyanates include compounds classified as potential human carcinogens and known to cause cancer in animals.

"The most widely used compounds are diisocyanates, which contain two isocyanate groups, and polyisocyanates, which are usually derived from diisocyanates and may contain several isocyanate groups. The most commonly used diisocyanates include methylenebis(phenyl isocyanate) (MDI), toluene diisocyanate (TDI), and hexamethylene diisocyanate (HDI). Other diisocyanates include naphthalene diisocyanate (NDI), methylene bis-cyclohexylisocyanate (HMDI) (hydrogenated MDI), and isophorone

diisocyanate (IPDI). Examples of widely used polyisocyanates include HDI biuret and HDI isocyanurate."

Isocyanates are powerful irritants to the mucous membranes of the eyes, nose and throat, and gastrointestinal and respiratory tracts. Irritation may be severe enough to produce bronchitis with bronchospasm. Hypersensitivity pneumonitis (inflammation in the lungs caused by exposure to an allergen) has been reported in isocyanate-exposed workers. Symptoms can continue for months or years after exposure has ceased. Deaths have occurred due to both asthma and hypersensitivity pneumonitis from isocyanate exposure.²

Some isocyanates are also allergic sensitizers. Cross-sensitization, in which a worker is exposed to one isocyanate but reacts adversely to others as well, can occur. Studies indicate that dermal exposure is a significant cause of respiratory sensitization. Thus, workers with skin contact to isocyanates may develop sensitivity, resulting in asthma attacks with subsequent exposures. Sensitization can occur at very low levels of exposure. Dermal sensitization may also result in rash, itching, hives and swelling of the extremities. Because isocyanates are not relatively water soluble, they cannot be easily washed off skin or clothing.

Isocyanates are widely used in the manufacture of flexible and rigid foams, fibers, coatings such as paints and varnishes, and elastomers, and are increasingly used in the automobile industry, auto body repair, and building insulation materials. In addition, spray-on polyurethane products containing isocyanates have been developed for a wide range of retail, commercial, and industrial uses to protect cement, wood, fiberglass, steel, and aluminum, including protective coatings for truck beds, trailers, boats, foundations, and decks.

The National Institute for Occupational Safety and Health (NIOSH) states that "Preventing exposure to isocyanates is a critical step in eliminating the health hazard. Engineering controls such as closed systems and ventilation should be the principal method for minimizing isocyanate exposure in the workplace. Other controls, such as worker isolation and personal protective clothing and equipment may also be necessary. Early recognition of sensitization and prompt and strict elimination of exposures is essential to reduce the risk of long-term or permanent respiratory problems for workers who have become sensitized."

The goal of this instruction is to reduce employee exposure to isocyanates shown to potentially cause work-related asthma, sensitization (respiratory, skin) and other occupational health effects. This goal will be accomplished by a combined effort of inspection targeting, outreach to employers, and compliance assistance. By performing activities (enforcement and outreach) related to this hazard, OSHA aims to raise awareness of the occurrence and severity of occupational health hazards related to or associated with isocyanates in all industry sectors.

http://www.cdc.gov/niosh/topics/isocvanates/

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¹ NIOSH Safety and Health Topic: Isocyanates

http://www.cdc.gov/niosh/docs/96-111/

XII. <u>Program Procedures.</u>

A. <u>Targeting.</u>

Inspections under this NEP will focus on general industry, construction and maritime industries where exposures to isocyanates are known or are likely to occur. Establishments with fewer than 10 workers shall be included in this NEP. Additionally, federal agencies that are subject to inspection and have employees exposed to hazards covered by this NEP shall be included.

<u>Identifying Facilities for Inspection.</u>

Exposures to isocyanates are found in many industries, but are not necessarily found in all establishments within those industries. OSHA reviewed extensive information to develop primary, secondary and construction targeting lists for industries with SIC/NAICS codes indicating potential isocyanates exposures.

Appendix A contains a primary list of general industry and maritime sectors (by SIC/NAICS) where overexposures to isocyanates are known to occur, and exposures have been demonstrated to be above an OSHA permissible exposure limit or an occupational exposure limit (OEL), and workers have exhibited illnesses associated with occupational exposure to isocyanates. A secondary list includes other industries where exposures to isocyanates are also known to occur but where worker overexposures to isocyanates may not have been documented. See Appendix A of this instruction for the primary and secondary lists of industries (by SIC/NAICS code).

Appendix A also contains a list of construction industries (by SIC/NAICS code) where worker exposure to isocyanates are likely to occur. Similar to those contained on the secondary list, not all establishments in the listed construction industries have documented worker overexposures to isocyanates.

If an Area Office knows of industries not included in Appendix A that have demonstrated a pattern of isocyanate exposures, it should notify the Regional Office for possible inclusion in the Appendix. The rationale for including the industry shall be documented, and may include information such as, but not limited to:

1. A history of previous isocyanate overexposures in the industry, based on OSHA inspection histories;

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⁴ An occupational exposure limit (OEL) is a non-regulatory established airborne exposure limit. An OEL includes National Institute for Occupational Safety and Health (NIOSH) Recommended Exposure Limits (RELs) and American Conference of Governmental Industrial Hygienists (ACGIH) Threshold Limit Values® (TLVs®).

- 2. Local knowledge of overexposures to isocyanates based on objective illness, exposure, or public health data from sources including, but not limited to, the U.S. Environmental Protection Agency's Toxic Release Inventory (TRI), the National Institute for Occupational Safety and Health (NIOSH), or state workers' compensation records; and
- 3. A documented history of referrals from local agencies or healthcare providers related to this hazard.

In addition, Regional or Area Offices may want to establish communication through NIOSH with states that have an occupational respiratory disease state-based surveillance program (e.g., California, Massachusetts, Michigan, New Jersey, and Texas) to identify possible industries with a history of work-related asthma from isocyanate exposure. Information on NIOSH-funded state-based Respiratory Disease Surveillance programs can be found at http://www.cdc.gov/niosh/topics/surveillance/ords/StateBasedSurveillance/Stateprograms.html.

The Regional Office in turn will notify DEA, Office of Statistical Analysis (OSA), of those industries, and DEA/OSA will include them in Appendix A when appropriate.

B. Site Selection.

1. Master List Generation. For general industry and maritime inspections, the DEA/OSA will prepare a master inspection list for the Area Office using the most current employer listing for the SIC/NAICS industries on the primary list in Appendix A. If the area office has inspected all potential establishments found in their jurisdiction with Sic/NAICS codes on the primary list, the AO may then contact DEA/OSA to generate additional establishments for inspection using the secondary list. The industries marked with an asterisk on the primary and secondary lists in Appendix A will not be included in the master list of establishments generated by DEA/OSA (because the list establishments OSHA buys does not include establishments with these SIC/NIACS codes). Each AO will need to search local listings for establishments in its jurisdiction with these SIC/NAICS codes, and add any such establishments to is master list in accordance with section XII.B.2 of this instruction

For construction inspections, when a CSHO inspects a construction site and determines that a company or operation is classified under one of the construction-related SIC/NAICS codes listed in Appendix A, the procedure in this Instruction shall be followed.

- 2. Additions. Exposures to isocyanates are found in many industries, but are not necessarily in all establishments within those industries. Area Offices may generate their own master lists of establishments, or they may add establishments to the DEA-generated master list, based on sources that may include, but are not limited to:
 - a. The employer list (available from the DEA/OAS);
 - b. Commercial directories;
 - c. Telephone listings;
 - d. Local knowledge of establishments based on sources such as worker complaints, referrals from the local health department, or previous OSHA inspection history;
 - e. Dodge reports for construction sites.
- 3. Deletions. Area Offices shall delete from their target list for a current inspection cycle any facilities which they know are not likely to have isocyanate hazards or are no longer conducting business. In addition, Area Offices shall delete any establishment that has had a comprehensive or focused health inspection that addressed isocyanate hazards, conducted within the current or previous three (3) fiscal years with no serious citations related to this NEP, or where such citation(s) were issued but either a follow-up inspection documented appropriate and effective efforts (e.g., air sampling, install engineering controls) by the employer to abate serious hazards cited or where OSHA received notice and confirmed that all cited serious hazards had been abated.

Area Offices must maintain documentation supporting any deletions made under this paragraph.

4. Cycle Generation. Each establishment on the Area Office's master list will be assigned a sequential number. The list will be randomized in accordance with *Scheduling Systems for Programmed Inspections*, CPL 02-00-025, Section B.1.b(4)(b)(4). The Area Office will create inspection cycles of five (5) or more establishments. Each Area Office must conduct at least three (3) inspections per year. Subsequent cycles will be created in the same manner until the expiration of this NEP or until all establishments on the list have been assigned to a cycle. Cycles may be created all at once or as necessary, and need not be of the same size.

Note: Whenever an Area Office becomes aware of a previously unknown establishment in one of the identified SIC/NAICS codes, the establishment shall be added to the bottom of the list in alphabetical order, assigned a

sequential number, and randomized in accordance with *Scheduling Systems for Programmed Inspections*, <u>CPL 02-00-025</u>, Section B.1.b(4)(b)(4).

C. <u>Inspection Scheduling</u>.

Within a specified cycle, inspections may be scheduled in any order that promotes efficient use of resources. An inspection cycle must be completed before another cycle is started, except that establishments may be carried over in accordance with OSHA Instruction CPL 02-00-025 at B.1.b(1)(e)(1).

Some establishments selected for inspection under this NEP may also be selected under the current Site-Specific Targeting (SST) Plan (see <u>Site-Specific Targeting 2012 (SST-12)</u> or other NEPs and/or Local Emphasis Programs (LEPs). Some of the other targeted NEPs include Amputations, Combustible Dust, Lead, Shipbuilding, and Silica. Whenever possible, inspections under this NEP should be carried out concurrently with the SST or other programmed inspections.

Construction inspections shall be scheduled from a list of construction work sites pursuant to <u>CPL 02-00-141</u>. If during the course of any construction inspection a worksite falls within any of the SIC/NAICS codes listed in Appendix A, the CSHO shall continue the inspection in accordance with the FOM and either 1) expand the scope in accordance with this NEP or 2) immediately submit a health referral to the Area Office in order to focus on any activity that potentially exposes employees to isocyanates.

D. Complaints and Referrals.

1. Construction.

Appendix A of this Instruction provides construction industries where workers are most likely to have exposures to isocyanates. Whenever an Area Office receives a complaint or referral for any construction operation where the potential exists for worker exposure to isocyanates, or a CSHO observes a potential worker exposure to isocyanates, or the Area Office receives information through any other source regarding construction operations where there is a potential for exposure to isocyanates, the Area Office shall:

• Document the status and condition of the work operation as far as they are known, noting any potentially serious hazard(s). Where possible, this should include process information (such as the type of process or conditions of exposure) that is indicative of the likelihood of exposure to an isocyanate. Documentation of the events leading up to the observation must be maintained in the file;

- Note the location of the workplace and name/address of the employer(s) performing the operation; and,
- Handle the complaint or referral in accordance with the procedures outlined in the OSHA FOM, CPL 02-00-150.

When a safety CSHO is inspecting a construction site and observes an activity where potential isocyanate exposures are suspected, appropriate health referrals will be made.

2. General Industry / Maritime.

Complaint(s) or referral(s) for any general industry or maritime operation alleging potential exposures to isocyanates must be handled in accordance with the procedures outlined in Chapter 9 of the OSHA FOM, CPL 02-00-150. Appendix A of this Isocyanates NEP provides information on general industry and maritime industries particularly likely to lead to worker exposures to isocyanates. Complaints and referrals alleging worker exposures to isocyanates or involving workers with occupational asthma from of isocyanates exposure or symptoms of exposure to isocyanates shall be treated as having priority and handled by an inspection.

E. Cooperative Programs.

Employers participating in cooperative programs may be exempt from programmed inspections. The CSHO should follow the procedures outlined in the FOM, CPL 02-00-150, Chapter 2, for additional guidance if an on-site consultation visit is in progress, or if the establishment is a participant in OSHA's Voluntary Protection Program (VPP) or the Safety and Health Achievement Recognition Program (SHARP). In any event, such employers should be notified in writing that the establishment was targeted for inspection under this instruction, and the employer should be encouraged to sample for isocyanates if it has not already done so.

F. Strategic Partnerships.

Inspections initiated at establishments currently engaged in a strategic partnership with OSHA that have been established in accordance with OSHA Instruction CSP 03-02-002, Strategic Partnership Program for Worker Safety and Health,
February 10, 2005, shall be conducted in accordance with the terms outlined in the partnership agreement. Establishments engaged in partnerships may be exempt from programmed inspection or may qualify for a focused inspection (or limited inspection), the scope of which should be specified in the partnership agreement (see CSP 03-02-002, Section XIV.B).

G. Expanding the Scope of the Inspection.

The CSHO may expand the scope of the inspection beyond the isocyanate-related work operations or activities if other workplace hazards or violations are observed and/or brought to the CSHO's attention. The CSHO shall follow the guidelines for expanding the scope of the inspection as set forth in the <u>FOM, CPL 02-00-150</u>, Chapter 3, Section III.B and Chapter 11, Section I.C.

XIII. <u>Inspection Procedures.</u>

A. Opening Conference.

During the opening conference, the employer's status with respect to CPL 02-00-051, Enforcement Exemptions and Limitations Under the Appropriations Act, shall be determined. Additionally, the CSHO will confirm that the employer's SIC/NAICS code is included under this program and review the employer's chemical inventory list and Safety Data Sheets (SDSs) (formally called Material Safety Data Sheets (MSDSs)) to confirm that the employer is using isocyanates. If a CSHO can verify that isocyanates are not in use at a listed establishment, the inspection should be discontinued, and another establishment shall be added to the cycle in its place to assure that the minimum number of sites is inspected each year. If an establishment is not one of the listed establishments but the CSHO has verified that the facility is using isocyanates, an inspection shall be initiated following this instruction.

B. Recordkeeping.

The employer's injury and illness records shall be reviewed to determine if injuries and illnesses related to isocyanate exposures have been recorded, including any work-related cases of asthma. If, during the course of the inspection, the CSHO determines that injuries and illnesses from exposures to isocyanates are not being recorded, the citation guidance in CPL 02-00-135, Recordkeeping Policies and Procedures Manual, shall be followed. The CSHO shall attempt to interview enough employees exposed to isocyanates to determine if there are unrecorded injury and illness cases.

Cases of occupational illness due to isocyanate exposure may be discovered during a review of the employer's injury and illness logs (OSHA 300). When a CSHO identifies a possible isocyanate-related occupational illness occurrence on the 300 Log, a medical access order (MAO) must be obtained in order to review a worker's medical records. See MAO directive, CPL 02-02-072, for further information. The CSHO may also request written permission of the worker to review his/her medical records. If the worker agrees, the Authorization Letter for the Release of Medical Records (See MAO Directive, Appendix B-1) shall be completed and signed by the worker.

Occupational illness information may also be obtained during worker interviews. The non-mandatory health surveillance form (<u>Appendix C</u>) may be used when interviewing workers.

The Office of Occupational Medicine may be contacted if there are questions regarding documentation of cases of occupational illness, including evaluation of the health surveillance forms, review of medical records, interviews with healthcare providers, and analysis of the scientific literature. Area Offices should coordinate through their Regional Office to request assistance of the Office of Occupational Medicine. Additional information on occupational medicine resources are found in Appendix H.

C. <u>Exposure Assessments.</u>

Inspections conducted under this instruction shall include an evaluation of the employer's controls (engineering controls, administrative and work practice controls, and personal protective equipment (PPE)) where potential exposures to isocyanates are present. The CSHO may contact the OSHA Health Response Team (coordinated through their Regional Office) for assistance when evaluating engineering and other controls.

NOTE: The CSHO shall wear the appropriate personal protective equipment during all inspections, including when taking screening, area and/or personal isocyanate samples (air, skin), and must follow all safety and health precautions as found in the OSHA Field Safety and Health Manual, ADM 04-00-001.

1. Air Sampling. Personal air samples shall be collected during inspections conducted under this NEP. The CSHO shall be prepared to take samples on the opening day of the inspection. If the process that uses isocyanates is not in operation the day of the inspection, the CSHO shall return at a later date to perform sampling. Where the employer has recent and accurate sampling exposure data (e.g., taken by a State 21(d) consultative service, third party consultant, insurance company), the CSHO shall consult with the Area Director to determine if further sampling is required. When operations using isocyanates are infrequent or unplanned, the CSHO shall consult with the Area Director to determine if sampling is necessary.

Appendix B provides information to the CSHO on sampling protocol, how to order sampling media, and sample shipping instructions. CSHOs should contact the Salt Lake Technical Center (SLTC) laboratory for any questions regarding sampling for isocyanates. All area offices and state plan offices shall follow the air sampling protocol as described in Appendix B. Air samples collected during this NEP will be extracted in the field by CSHOs as described in Appendix B.

Note: See <u>Appendix B</u> for a listing of OSHA sampling and analytical methods. Individual methods can also be found using the "<u>Analytical Methods</u>" link (<u>http://www.osha.gov/dts/sltc/methods/index.html</u>) on the OSHA public web site.

- 2. Wipe Sampling. Occupational exposure to isocyanates is a recognized cause of immune sensitization and asthma. Scientific research indicates that dermal exposure to isocyanates is at least as likely as inhalation exposure to induce isocyanate-related asthma. Experiments with laboratory animals have shown that dermal exposure alone to some isocyanates can be sufficient to induce respiratory sensitization. However, OSHA does not currently have any standards setting limits for surface contamination with, or dermal exposure to, isocyanates. Accordingly, if wipe sampling reveals surface contamination or dermal exposure, citations may be issued under the applicable housekeeping standards and/or PPE standards. For housekeeping violations cite 29 CFR 1910.141 (General Industry), 1926.25 (Construction), 1915.81 (Shipyard), or 1918.91 (Longshoring). For PPE violations cite 29 CFR 1910 Subpart I (General Industry), 1926 Subpart E (Construction), 1915 Subpart I (Shipyard), or 1918 Subpart J, (Longshoring).
 - a. Surface sampling. CSHOs should check for surface contamination (e.g., visible foam/coating) on surfaces, tools and equipment near the operation using isocyanates as well as in places where contamination may not be expected such as drinking fountains, telephones, locker rooms, and lunchrooms, to identify potential sources of dermal exposure and evaluate housekeeping and PPE deficiencies. Directreading colorimetric wipes can be used to sample surfaces for potential contamination.
 - b. Dermal Sampling. When the CHSO observes contaminated surfaces and equipment, dermal sampling should be conducted. Direct-reading colorimetric wipes can be used to sample dermal exposures.
 - c. PPE Sampling. Gloves are one of the most basic forms of PPE but their resistance to penetration by isocyanates may not be known. Direct-reading colorimetric media can be used to detect permeation of isocyanates through gloves. Other PPE should also be wipe sampled for contamination such as the inside of respirators. See Section C.2 for information on PPE evaluation.
 - d. Methodology. There are two types of direct-reading colorimetric wipe kits available for performing surface, dermal or PPE wipe sampling. One is for aliphatic isocyanates (e.g., Hexamethylene diisocyanate or

HDI) and the other is for aromatic isocyanates (e.g., Methylene bisphenyl isocyanate or MDI). The CSHO shall document the results of any surface, dermal or PPE wipe sampling in the case file. In addition, when a wipe sample is collected the CSHO should add the code "IWIPE" on the OIS form under the Additional Information section. The OSHA Health Response Team can be consulted if the CSHO chooses to conduct surface, dermal, or PPE wipe sampling. Both types of surface, dermal or permeation test kits are available from the Cincinnati Technical Center's (CTC's) agency expendable supplies program.

For general information on wipe sampling, refer to the <u>OSHA</u> <u>Technical Manual, Section II, Chapter 2</u>, subsection V available at http://www.osha.gov/dts/osta/otm/otm_ii/otm_ii_2.html

Note: CSHOs should contact the SLTC laboratory for information regarding how to order wipe sampling media, and the wipe sampling and sample shipping procedures.

D. Citation Guidelines.

Where inhalation exposure to an isocyanate exceeds the OSHA PEL set forth at 29 CFR 1910.1000(a), Table Z-1, without regard to the use of respiratory protection, citations shall generally be issued as serious, following the citation policy in the FOM. Where an overexposure exists and feasible engineering and/or administrative controls were not utilized or were ineffective, an additional serious citation shall generally be issued under 29 CFR 1910.1000(e) and grouped with the overexposure citation.

Where workers are exposed to a particular isocyanate having an established OEL, but no OSHA PEL, a citation for exposure in excess of the OEL may be considered under the General Duty Clause, Section 5(a)(1). See FOM, Chapter 4, Section XIII.B.1. (see Appendix F for sample General Duty Clause violation language). Any General Duty Clause citation(s) for exposure to an isocyanate under this NEP must be reviewed by the Regional Administrator, in consultation with the Regional Solicitor. If the elements of a 5(a)(1) violation are not met or a decision is made not to issue a citation, a Hazard Alert Letter (HAL) shall then be considered recommending specific actions that would reduce worker exposures to isocyanates. A sample hazard alert letter is included in Appendix D. When a HAL is issued the code "IHAL" shall be coded on the OIS form under the Additional Information section.

If a worker is exposed to concentrations of a particular isocyanate below the PEL, but in excess of an established occupational exposure limit, citations will not normally be issued (see FOM, Chapter 4, Section XIII.B.1.e). To illustrate:

| Exposure | Issue Citation | Consider 5(a)(1) violation | Consider HAL |
|---|-------------------|---|---|
| > PEL | ✓ | | |
| No PEL, but > OEL, | | ✓ | If 5(a)(1) not issued or elements not met |
| < PEL, but > OEL, | | see FOM, Chapter 4, Section XIII.B.1.e | If 5(a)(1) not issued or elements not met |
| Reported illnesses/health effects (even if no overexposures have been documented) | | If serious illnesses/or health effects present and employer recognizes the hazard | If 5(a)(1) not issued or elements not met |

Serious health effects are isocyanate-related illness cases recorded on the OSHA-300 log such as occupational dermatitis (i.e., not irritation), skin sensitization, gastrointestinal tract issues and work-related asthma.

If the employer has ten or fewer employees, the Area Office shall follow the enforcement guidance outlined in <u>CPL 02-00-051</u>, *Enforcement Exemptions and Limitations Under the Appropriations Act*.

For citing improper personal hygiene practices for ingestion or absorption hazards, see FOM, Chapter 4, Section XIV. Dermal exposures occurring as a result of not using or misusing PPE or using ineffective PPE shall be cited as described in Section XIII.E.3 of this NEP.

Surface contamination shall be cited under Housekeeping as described in Section XIII.G.3 of this NEP.

E. Personal Protective Equipment (PPE).

1. PPE Assessment. At the opening conference, the CSHO shall review the employer's hazard assessment to determine compliance with the applicable PPE regulations, including 29 CFR 1910 Subpart I (General

- Industry), 1926 Subpart E (Construction), 1915 Subpart I (Shipyard), and 1918 Subpart J (Longshoring).
- 2. PPE Evaluation. The CSHO shall evaluate whether the employer has ensured the use of appropriate PPE during operations using isocyanates and the CSHO shall evaluate the effectiveness of the PPE being used in the establishment. If the employer has failed to ensure the use of required PPE, or has selected PPE which is ineffective against isocyanates, a citation of the appropriate PPE standard shall be issued.
 - a. The use of appropriate personal protective clothing (e.g., coveralls, foot coverings) shall be evaluated. Employers shall require the use of personal protective clothing that is adequate to prevent contamination of an employee's personal clothing and skin.
 - b. The use of appropriate eye and/or face protection shall be evaluated. Employers shall require the use of eye and/or face protection that is adequate to protect the employee's eyes and/or face from exposure to isocyanates.
 - c. The use of appropriate respiratory protection shall be evaluated. Detailed inspection and citation guidance related to OSHA's respiratory protection standard, 29 CFR 1910.134, is contained in OSHA Instruction <u>CPL 02-00-120</u>, Inspection Procedures for the Respiratory Protection Standard.
 - d. The use of appropriate, chemical-resistant gloves (e.g., butyl, nitrile) shall be evaluated. Employers shall select and require the use of gloves that are adequate to protect the employees from dermal exposure to isocyanates (e.g., by checking the manufacturer's information about the glove type or the Safety Data Sheet (formally MSDS). See Section C.2.c above for information on PPE (permeation) sampling.
- 3. Citation Guidelines. All citations related to the employer's failure to ensure the use of appropriate and effective PPE during operations using isocyanates shall be cited in accordance with the FOM and the PPE directive, CPL 02-01-050, and/or CPL 02-00-120, Inspection Procedures for the Respiratory Protection Standard. Violations of the PPE standards shall be cited under the applicable PPE regulation (see 29 CFR 1910 Subpart I (General Industry), 1926 Subpart E (Construction), 1915 Subpart I (Shipyard), and 1918 Subpart J (Longshoring).

F. Hazard Communication.

Detailed inspection and citation guidance related to the OSHA Hazard Communication Standard, 29 CFR 1910.1200, applicable to general industry, construction and maritime, is contained in OSHA Instruction CPL 02-02-038, *Inspection Procedures for the Hazard Communication Standard*. A determination of whether the employer's hazard communication program complies with 29 CFR 1910.1200 must include consideration of the training the employer provides to employees regarding the hazards associated with isocyanates. Failure to provide adequate training on the hazards of isocyanate exposure shall be cited in accordance with OSHA Instruction CPL 02-02-038.

Note: The Hazard Communication Standard (HCS) was revised March 2012. A revised HCS compliance instruction (CPL) will be issued, at which point CSHOs shall follow the revised HCS CPL.

G. Housekeeping.

- 1. Housekeeping Evaluation. The employer's methods for ensuring adequate housekeeping shall be evaluated and documented. The frequency of cleaning and methods used must be assessed when determining whether the employer's housekeeping practices may have contributed to employee illnesses associated with isocyanates (e.g., sensitization). See Section XIII.C.2 of this instruction for further guidance on wipe sampling methodology.
- 2. CSHOs should check for accumulation of isocyanates on surfaces and equipment in the work/process area, outside of the work/process area, and in eating and break areas, as well as cleaning schedules and/or a pattern of housekeeping hazards.
- 3. Citation Guidelines. Citations for violations of 29 CFR 1910.141 (General Industry), 1926.25 (Construction), 1915.81 (Shipyard), and 1918.91 (Longshoring) shall be issued where poor housekeeping practices are documented (e.g., visible foam/coating on machinery, tools, floor or equipment near the operation) that present a risk to workers of dermal contact with isocyanates. Further information may be found in the FOM, Chapter 4, Section XIV.

H. Flammable and Combustible Products.

Where the chemical components of an isocyanate process or operation contain flammable or combustible materials, compliance with 29 CFR <u>1910.106</u> and <u>1910.107</u> (General Industry), <u>1926.152</u> (Construction), and <u>1915.36</u> (Shipyard) shall be evaluated.

CSHOs shall cite observed and documented violations of these standards. Where an employer is in violation of 1910.106 or 1910.107 but is in full compliance with the most current version of NFPA 30 – Flammable and Combustible Liquids Code or NFPA 33 - Standard for Spray Application Using Flammable or Combustible Materials, respectively, violations of 1910.106 or 1910.107 will be classified as de minimis. The employer shall be verbally notified of de minimis violations, and it shall also be noted in the inspection case file.

XIV. Follow-up Inspections.

To determine whether the employer has eliminated hazards or reduced exposures below the PEL (or OEL), follow-up inspections shall be conducted in accordance with the FOM, Chapter XII, based on available resources. Where exposures could not feasibly be reduced below the PEL (or OEL), engineering controls and administrative and work practice controls must still have been implemented to reduce exposures to the extent feasible, and workers provided with adequate respiratory protection and other appropriate PPE where necessary.

A follow-up inspection is not required when the Area Office has specific knowledge and documentation indicating that the employer is no longer using isocyanates or there are no workers exposed to isocyanates.

XV. <u>Hazard Alert Letter (HAL) – Follow-up.</u>

A. <u>HAL Follow-up.</u>

Where a HAL has been sent to an employer for worker exposures to isocyanates, follow-up inspections will be conducted to verify that it has taken appropriate action to protect workers, unless the Area Office has specific knowledge that the employer no longer uses, or workers are no longer exposed to, the isocyanate(s). The follow-up inspection should, based on resource availability, be made within 12 to 24 months after the HAL is originally issued.

B. Employer's HAL Progress.

During a HAL follow-up the CSHO shall evaluate the employer's efforts to address employee exposure to isocyanates.

- 1. Where the CSHO determines that the employer has adequately addressed exposures (e.g., air sample results below PEL, workers wearing appropriate PPE, good housekeeping practices), a closing conference shall be conducted.
- 2. Where the CSHO determines that the employer is making adequate progress (e.g., a ventilation system is being installed, no surface

accumulation) on abating worker exposures to the isocyanate hazards, the CSHO shall conduct a closing conference and exit the premises, and no citations shall be issued. However, at the Area Director's discretion, a second HAL may be issued and another follow-up inspection conducted where necessary to ensure the continuation of abatement efforts.

3. Where the CSHO determines that the employer has made limited or no progress, the CSHO shall conduct an inspection using the procedures in this instruction.

XVI. OSHA Information System (OIS) Coding.

All enforcement activities (inspections, complaints, and referrals) and compliance assistance interventions conducted under this NEP must be coded with the NEP code, "ISOCYAN8," entered in the appropriate OIS field on the OIS form.

The majority of inspections conducted under this NEP will be coded as "Health (H)" inspections. When an inspection under this NEP is conducted in conjunction with an SST inspection (or other safety-related inspections), "H," the appropriate SST year (e.g., "SSTARG__"), along with the NEP code "ISOCYAN8" must be entered in the appropriate OIS fields on the OIS form.

Whenever a consultation request/visit is made in response to this NEP, the NEP code "ISOCYAN8" must be recorded in the appropriate field on the Consultation request/visit forms.

XVII. Outreach.

A. Offices.

Each Area, Regional, and Consultation Program Office is encouraged to develop outreach programs that will support the efforts of the Agency in meeting the Department's strategic goal of safe jobs for everyone. Such programs could include letters to employers, professional associations, local safety councils, apprenticeship programs, local hospitals and occupational health clinics, and other employer organizations for workplaces that have potential worker exposures to isocyanates or provide medical assistance in treating workers' illnesses associated with exposure to isocyanates. Speeches, training sessions, and/or news releases through the local newspaper(s), safety councils and/or industrial hygiene organizations can provide other avenues for dissemination of information. Regional/Area Office alliances developed with industry, labor groups, and other organizations could also be an effective way to reach out to affected employers and workers.

B. Online Materials.

OSHA resources may be of assistance in this outreach effort. A variety of online resources can be accessed through OSHA's public web page, www.osha.gov, including an Isocyanates Safety and Health Topics Page (available at http://www.osha.gov/SLTC/isocyanates/index.html). See also Appendix E for additional online resources and publications.

XVIII. Coordination.

A. National Office.

This NEP will be coordinated by the Directorate of Enforcement Programs (DEP) – Office of Health Enforcement (OHE). All questions and comments should be directed to the Office of Health Enforcement. The OHE will coordinate with the Directorate of Technical Support and Emergency Management (DTSEM), the Office of Occupational Medicine (OOM), and other offices for assistance as needed.

B. Regional Office.

Each Regional Administrator is required to identify a coordinator for this NEP who will work with the Office of Health Enforcement.

XIX. Program Evaluation.

This NEP will be evaluated using data collected from inspection case files and follow-up site visit reports submitted by each Area Office to the Regional Office. The data will be evaluated to determine the impact of OSHA inspections on the reduction of worker exposures to isocyanates.

XX. Federal Agencies.

This instruction describes a change that may affect Federal agencies. Federal agencies that are subject to inspection and have employees exposed to hazards covered by this emphasis program are also included in this NEP. See <u>FOM</u> Chapter 13, Federal Agency Field Activities.

Appendix A

Industries Where Isocyanate Exposures are Known or Likely to Occur⁵

- Automotive paints, glues, insulation, sealants and fiber bonding, truck bed lining
- Casting foundry cores
- Building and construction sealants, glues, insulation material, fillers
- Electricity and electronics cable insulation, PUR coated circuit boards
- Mechanical engineering insulation material
- Paints lacquers
- Plastics soft and hard plastics, plastic foam and cellular plastic

- Printing inks and lacquers
- Timber and furniture adhesives, lacquers, upholstery stuffing and fabric
- Textile synthetic textile fibers
- Medical care PUR casts
- Mining sealants and insulating materials
- Food industry packaging materials and lacquers

The tables below provide a construction list as well as primary and secondary lists for general industry and maritime by SIC and NAICS codes. The construction list identifies sectors where construction workers are most likely to have exposures to isocyanates. The primary list includes general industry and maritime industries where exposures to isocyanates are known to occur, exposures have been demonstrated to be above the PEL, and workers have exhibited illnesses associated with exposure to isocyanates. The secondary list for general industry/maritime includes settings where exposures to isocyanates are known to occur, however not all establishments in these listed industries have necessarily documented worker overexposures to isocyanates.

Note: The following are not exhaustive lists. An area office may include an industry sector/code not listed if it falls within their area office's jurisdiction.

Construction

| SIC | SIC TITLE | NAICS 2007 | NAICS TITLE |
|------|----------------------|------------|----------------------------|
| 1721 | Painting and Paper | 238230 | Painting and Wall Covering |
| 1721 | Hanging | 238230 | Contractors |
| | Plastering, Drywall, | | Drywall and Insulation |
| 1742 | Acoustical, and | 238310 | Contractors |
| | Insulation Work | | Contractors |
| | Floor Laying and | | |
| 1752 | Other Floor Work, | 238330 | Flooring Contractors |
| | NEC | | |
| 1793 | Glass and Glazing | 238150 | Glass and Glazing |
| 1793 | Work | 236130 | Contractors |

⁵ International Consensus Report on: Isocyanates – Risk assessment and management, 2001, pgs. 11-12, http://www.arbeidstilsynet.no/binfil/download2.php?tid=77871

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| 1799 | Special Trade | 238150 | Glass and Glazing |
|------|------------------|--------|-------------------|
| 1/// | Contractors, NEC | | Contractors |

General Industry/Maritime (Primary)

| SIC | SIC Title | NAICS 2007 | NAICS Title |
|-------|---|---------------|--|
| 2299 | Textile goods, Not Elsewhere Classified | 313230 | Nonwoven Fabric Mills |
| 2599 | Furniture and Fixtures, Not Elsewhere Classified | 339950 | Sign Manufacturing |
| 2851 | Paints, Varnishes, Lacquers, Enamels, and Allied Products | 325510 | Paint and Coating Manufacturing |
| 3089 | Plastics Products, NEC | 337215 | Showcase, Partition, Shelving, and Locker Manufacturing |
| 3281 | Cut Stone and Stone Products | 327991 | Cut Stone and Stone Product Manufacturing |
| 3442 | Millwork/Metal Window and Door Manufacturing | 332321 | Wood or Metal framed windows and Doors, Manufacturing |
| 3499 | Fabricated Metal Products, Not Elsewhere Classified | 332999 | All Other Miscellaneous Fabricated Metal Product Manufacturing |
| 3721 | Aircraft and Parts | 336411 | Aircraft Manufacturing |
| 3732 | Boat Building and Repairing (boat building) | 336612 | Boat Building |
| 3792 | Travel Trailers and Campers | 336214 | Travel Trailer and Camper Manufacturing |
| 7532* | Top, Body, and Upholstery Repair Shops and Paint Shops | 811121* | Automotive Body, Paint, and Interior Repair and Maintenance |

^{* =} No target list currently available from DEA/OSA. Area Offices may generate their own list for these SIC/NAICS industries which fall under their jurisdiction.

General Industry/Maritime (Secondary)

| SIC | SIC Title | NAICS 2007 | NAICS Title |
|------|-------------------------|------------|-----------------------------|
| | | | Tire Cord and Tire Fabric |
| 2296 | Tire Cord and Fabrics | 314992 | Mills |
| | Misc. Fabricated | | Motor Vehicle Seating and |
| 2396 | Textile Products | 336360 | Interior Trim Manufacturing |
| | Automotive | | |
| | Trimmings, Apparel | | |
| | Findings, and Related | | |
| | Products (textile motor | | Motor Vehicle Seating and |
| 2396 | vehicle trimming) | 336360 | Interior Trim Manufacturing |

| | | | Wood Window and Door |
|------|------------------------|--------|--|
| 2431 | Millwork | 321911 | Manufacturing |
| 2.01 | Hardwood Veneer and | 021)11 | Hardwood Veneer and |
| 2435 | Plywood | 321211 | Plywood Manufacturing |
| 2.00 | Softwood Veneer and | 021211 | Softwood Veneer and |
| 2436 | Plywood | 321212 | Plywood Manufacturing |
| | Reconstituted Wood | | Reconstituted Wood Product |
| 2493 | Products | 321219 | Manufacturing |
| | Public Building and | | Motor Vehicle Seating and |
| 2531 | Related Furniture | 336360 | Interior Trim Manufacturing |
| | Drapery Hardware and | | |
| | Window Blinds and | | Blind and Shade |
| 2591 | Shades | 337920 | Manufacturing |
| | Commercial Printing, | | Commercial Flexographic |
| 2759 | NEC | 323112 | Printing |
| | Rubber and Baskets | | Rubber and Plastics Hoses |
| 3052 | Hose and Belting | 326220 | and Belting Manufacturing |
| | Molded, Extruded and | | Rubber Product |
| | Lathe-Cut Mechanical | | Manufacturing for |
| 3061 | Rubber Goods | 326291 | Mechanical Use |
| | Fabricated Rubber | | |
| | Products, NEC (except | | |
| | rubberized fabric and | | |
| | rubber resilient floor | | All Other Rubber Product |
| 3069 | covering) | 326299 | Manufacturing |
| | | | Laminated Plastics Plate, |
| | | | Sheet (except Packaging), and |
| 3083 | Laminated Plastics | 326130 | Shape Manufacturing |
| | Plate, Sheet, and | | |
| | Profile Shapes | | |
| | Plastics Foam | | Urethane and other Foam |
| 2006 | Products (urethane and | 226150 | Product (except Polystyrene) |
| 3086 | other foam products) | 326150 | Manufacturing |
| 2000 | Plastics Plumbing | 226101 | Plastics Plumbing Fixture |
| 3088 | Features | 326191 | Manufacturing |
| 2221 | Gray and Ductile Iron | 221511 | In a Provide s |
| 3321 | Foundries | 331511 | Iron Foundries |
| 2266 | Common Foundaios | 221525 | Copper Foundries (except Die-Casting) |
| 3366 | Copper Foundries | 331525 | |
| | Coating, Engraving, | | Metal Coating, Engraving (except Jewelry and |
| | and Allied Services, | | Silverware), and Allied |
| 3479 | NEC | 332812 | Services to Manufacturers |
| 3417 | INEC | 332012 | Industrial Valve |
| 3491 | Industrial Valves | 332911 | Manufacturing |
| J7/1 | Internal Combustion | 554711 | Other Engine Equipment |
| 3519 | Engines, NEC | 333618 | Manufacturing |
| 3317 | Air-Conditioning and | 333010 | Trianulacturing |
| | Warm Air Heating | | |
| | Equipment and | | Air-Conditioning and Warm |
| | Commercial and | | Air Heating Equipment and |
| | Industrial | | Commercial and Industrial |
| | Refrigeration | | Refrigeration Equipment |
| 3585 | Equipment | 333415 | Manufacturing |
| 2202 | -1 | 222.10 | |

| | Household | | |
|-------|------------------------|---------|-------------------------------|
| | Refrigerators and | | |
| | Home and Farm | | Household Refrigerator and |
| 3632 | Freezers | 335222 | Home Freezer Manufacturing |
| | Electronic Coils, | | Electronic Coil, Transformer, |
| | Transformers, Other | | and Other Inductor |
| 3677 | Conductors | 334416 | Manufacturing |
| | | | Other Motor Vehicle |
| | Motor Vehicle Parts | | Electrical and Electronic |
| 3714 | and Accessories | 336322 | Equipment Manufacturing |
| | Orthopedic, | | |
| | Prosthetic, and | | |
| | Surgical Appliances | | All Other Miscellaneous |
| 3842 | and Supplies | 339999 | Manufacturing |
| | Jewelry, Silverware, | | Jewelry (except Costume) |
| 3911 | and Plated Ware | 339911 | Manufacturing |
| | Manufacturing | | All Other Plastics Product |
| 3999 | Industries, NEC | 326199 | Manufacturing |
| | Water Transportation | | Inland Water Freight |
| 4449 | of Freight, NEC | 483211 | Transportation |
| | Transportation | | All Other Support Activities |
| 4789 | Services, NEC | 488999 | for Transportation |
| | | | Other Electric Power |
| 4911 | Electric Services | 221119 | Generation |
| | Gas, and Other Utility | | |
| 4932 | Services Combined | 221210 | Natural Gas Distribution |
| | General Automotive | | |
| 7538* | Repair Shops | 811111* | General Automotive Repair |
| | | | Other Automotive |
| | Automotive Repair | | Mechanical and Electrical |
| 7539* | Shops, NEC | 811118* | Repair and Maintenance |
| | Automotive Services, | | |
| | Except Repair and | | |
| 7549* | Carwashes | 488410* | Motor Vehicle Towing |
| | | | Automotive Glass |
| | | 811122 | Replacement Shops |
| | | | Automotive Oil Change and |
| | | 811191 | Lubrication Shops |
| | | | All Other Automotive Repair |
| | | 811198 | and Maintenance |
| | | | |

^{* =} No target list currently available from DEA/OSA. Area Offices may generate their own list for these SIC/NAICS industries which fall under their jurisdiction.

Appendix B

ISOCYANATE SAMPLING, FIELD EXTRACTION, and SAMPLE SHIPMENT PROCEDURES

The CSHO should contact the SLTC laboratory directly for questions regarding a sampling and/or analytical method.

(Ref: OSHA Chemical Sampling Information)

| _ | | | | | Occup | oational E | _ | Limits | | | | |
|---|---|-----------------------------|-----------|-------------------|--------------------------------------|---------------------------|---|-------------------|--------------------|------------------------|-----------|------------------|
| Isocyanate CAS no. | | Vener | OCH | A PEL | NIOS | (OI H REL ¹ | | I TLV® 2 | OSHA Method | Sampling | Flow Rate | Sample Volume |
| OSHA IMIS no. | Synonyms | Vapor Pressure | | mg/m ³ | ppm | mg/m ³ | ppm | mg/m ³ | no. | Medium | (L/min) | (L) |
| Methyl isocyanate 624-83-9 1773 | MIC; Isocyanatomethane | 348 mmHg @ 68 °F | | 0.05 T | 0.02 T | 0.05 T | 0.02 T | | Method 54 FV | XAD-7 tube 1-2PP | 0.05 | 15 |
| Methylene bisphenyl isocyanate 101-68-8 1073 | 4,4-Diphenylmethane diisocyanate; MDI; 4,4-Diisocyanadiphenyl-methane; Methylene bis(4- phenylisocyanate); Methylene Bis(Phenyl Isocyanate) | 0.000005 mmHg @ 77 °F | 0.02 C | 0.2 C | 0.005 T 0.02 C | 0.050 T 0.2 C | 0.005 T | | Method 47 FV | GFF 1-2PP | 1.0 | 15 |
| Toluene-2,4- diisocyanate (TDI) 584-84-9 2470 | 2,4-Diisocyanato-1- methylbenzene; TDI; 2,4-TDI; 2,4-Toluene diisocyanate | 0.01 mmHg @ 77 °F | 0.02 C | 0.14 C | | 4 | 0.005 ⁵ T 0.02 STEL | | Method 42 FV | GFF 1-2PP | 1.0 | 15 to 240 |
| Hexamethylene diisocyanate 822-06-0 1377 | HDI; HMDI; 1,6-Diisocyanatohexane | 0.5 mmHg @ 77 °F | | | 0.005 T 0.02 C ⁶ | 0.035 T 0.14 C^6 | 0.005 T | | Method 42 FV | GFF 1-2PP | 1.0 | 15 |
| 1,6-Hexamethylene diisocyanate biuret 4035-89-6 D668 | | 0.000075 mmHg @ 77 °F | | | | | | | PV2030 PV | GFF 1-2PP | 1.0 | 15 |

| Isocyanate | | | | | Occupational Exposure Limits (OEL) | | OSHA | | | Sample | | |
|--|---|---|-----|----------------|------------------------------------|--------------------------------------|---|-------------------|--------------------|--------------------|----------------------|-----------------|
| CAS no. OSHA IMIS no. | Synonyms | Vapor Pressure | | A PEL mg/m³ | | H REL ¹ mg/m ³ | ACGIH ppm | mg/m ³ | Method no. | Sampling Medium | Flow Rate (L/min) | Volume (L) |
| 1,6-Hexamethylene diisocyanate homopolymer 28182-81-2 | Hexamethylene Diisocyanate Homopolymer; HDIH; Desmodur N3300; 1,6-Diisocyanato-Hexane Homopolymer; Poly(hexamethylene diisocyanate) | 5.2x10 ⁻⁹ mmHg @ 77 °F | ppm | g | ppm | mg m | ppm | mg/m | PV2125 PV | GFF 1-2PP | 1.0 | 15 |
| Isophorene diisocyanate 4098-71-9 1539 | IPDI; Isocyanic acid, methylene (3,5,5-trimethyl-3,1-cyclohexylene) ester; 3-Isocyanatomethyl-3,5,5-trimethylcyclohexyl-isocyanate; Isophorone diamine diisocyanate | 0.0003 mmHg @ 68 °F | | | 0.005 T 0.02 ST | 0.045 T 0.18 ST | 0.005 T | | PV2034 PV | GFF 1-2PP | 1.0 | 15 To 60 |
| Methylene-bis(4- cyclohexylisocyana te) 5124-30-1 2651 | Hydrogenated MDI; Dicylohexylmethane-4,4'- diisocyanate; HMDI; Desmodur W | 5.2x10 ⁻⁹ mmHg @ 77 °F | | | 0.01 C ⁶ | 0.11 C ⁶ | 0.005 T | | PV2092 PV | GFF 1-2PP | 1.0 | 15 |
| 1,5-Napthalene diisocyanate 3173-72-6 N119 | 1,5-Naphthylene Ester Isocyanic Acid, Napthalene Diisocyanate | 0.003 mmHg @ 75°F | | | 0.005 T 0.02 C^6 | 0.04 T 0.17 C^6 | | | PV2046 PV | GFF 1-2PP | 1.0 | 60 |
| Toluene-2,6- diisocyanate ³ 91-08-7 T177 | 2,6-diisocyanato-1- methylbenzene; 2,6-TDI | 0.01 mmHg @ 77 °F | | | | | 0.005 ⁵ T 0.02 STEL | | Method 42 FV | GFF 1-2PP | 1.0 | 15 to 240 |

CAS = Chemical Abstract System

IMIS = Integrated Management Information System

C = 15-minute ceiling; T = 8-hour time-weighted average; ST = short-

term exposure limit; STEL = short-term exposure limit

FV = fully validated method, PV is partially validated method

GFF = glass fiber filter

1-2PP = 1-(2-pyridyl)piperazine

¹REL = NIOSH recommended exposure limit

⁶NIOSH Ceiling REL is a 10-min average

²American Conference of Governmental Industrial Hygienists Threshold Limit Value 2010

³Toluene-2,6-diisocyanate is usually not found in a pure state and often occurs in a mixture of 80% toluene-2,4-diisocyanate and 20% toluene-2,6-diisocyanate

⁴NIOSH has designated toluene-2,4-diisocyanate as an occupational carcinogen with no safe exposure level

⁵ACGIH TLV for toluene diisocyanate is for toluene-2,4- or 2,6-diisocyanate, or a mixture of the two: Notice of Intended Change 0.001 ppm TWA, 0.003 ppm STEL Inhalable fraction and vapor.

ISOCYANATE SAMPLING, FIELD EXTRACTION, and SAMPLE SHIPMENT PROCEDURES

Introduction

Chemicals containing the isocyanate functional group (-NCO) can contain more than one isocyanate group, for example toluene diisocyanate has two isocyanate groups, but as a class of chemicals they are often collectively referred to as isocyanates.

Except for methyl isocyanate which is extremely volatile and is sampled using coated adsorbent tubes, OSHA monitors workplace exposure to isocyanates using glass fiber filters that are impregnated with 1 milligram of 1-(2-pyridyl)piperazine (1-2PP). 1-2PP reacts with isocyanates to form a stable chemical derivative. These samples are normally extracted and analyzed by chemists at OSHA's laboratory in Salt Lake City, Utah. OSHA compliance officers will now be instructed in how to perform field extraction of isocyanate samples when using filter sampling procedures. Methyl isocyanate samples do not have the same derivatization issues inherent in filter samples and they do not require field extraction.

This isocyanate sampling, field extraction, and sample shipment protocol is now standard operating procedure to be followed for this NEP. All area offices and state plan offices must follow this procedure.

Purpose of Field Extraction

The purpose of field extraction is to enhance the recovery of highly reactive isocyanates that are collected on the air sampler but for various reasons do not come into contact with the derivatization reagent coated on the filter. Such isocyanates may become unavailable for reaction with the 1-2PP reagent because of unwanted chemical side-reactions that occur during or after sampling. One way to bring collected isocyanates and the reagent into contact is to extract the samples immediately after sampling. Field extraction is of benefit only if it is performed immediately after sampling.

Apparatus

Personal sampling pump. A personal sampling pump that can be calibrated to within $\pm 5\%$ at the recommended flow rate with the sampling device in line.

Coated glass fiber filters. Glass fiber filters (GFF) coated with 1.0 mg 1-(2-pyridyl) piperazine (1-2PP). Coated GFFs can be obtained from SLTC using the "SLTC Supplied Sample Media Order Form." Store the coated filters in a refrigerator until use. Avoid exposure of the coated filters to sunlight or heat. Discard the coated filters if they are not used within a month after receipt from SLTC. OSHA employees can also obtain the coated adsorbent tubes used for methyl isocyanate from SLTC.

Field extraction solution. The field extraction vials each contain 3-mL of a solution composed of

90% v/v acetonitrile and 10% v/v dimethyl sulfoxide. **CAUTION.** These are both extremely toxic and flammable solvents (see MSDS). OSHA employees can obtain glass vials containing the correct volume of field extraction solution from SLTC in the same way that the coated filters were obtained. It is important to keep the packaging material in which the vials containing the extraction solution was shipped from SLTC for use to pack and return the vials to SLTC for analysis.

Vial rack (tray) to hold extraction solvent vials, sized for 15-mm vials. Vial racks are used to secure the field extraction vials because they may help prevent spilling of the solvent.

Backup (support) pads. 37-mm cellulose.

Polystyrene cassettes. Three piece, 37-mm standard with top, bottom, and ring pieces and end plugs.

Isocyanate sampler. Except for methyl isocyanate, OSHA's methods for isocyanates specify sampling using the filter cassette sampler shown in Figure 1. Assemble the three-piece polystyrene cassette containing a coated glass fiber filter and a backup pad as shown in Figure 1. Use disposable gloves and metal forceps to handle the filters. There is no need to change gloves for each sampler to be assembled. Do not assemble more cassette samplers than expected to

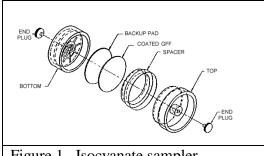


Figure 1. Isocyanate sampler.

be used in a single sampling site visit. Do not expose the assembled isocvanate samplers to high temperatures or direct sunlight.

Disposable gloves. Disposable nitrile gloves such as Ansell "Touch N Tuff," no. 92-600, are convenient and have good touch sensation properties. CAUTION. The Ansell "Touch N Tuff gloves are rated by the manufacturer as having excellent resistance to dimethyl sulfoxide, but only fair resistance to acetonitrile. Immediately change the gloves if you spill solvent on them. Equivalent gloves from another manufacturer can also be used.

Metal Forceps. Clean the forceps with isopropyl alcohol and wipe them dry before each use. Isopropyl alcohol obtained from a local pharmacy is adequate for cleaning purposes.

A six-pack cooler together with frozen ice packs (e.g., Blue-Ice type or equivalent) is a convenient and effective way to transport sampling and extraction media to and from the CSHO's office in a vehicle. This is a precaution intended to prevent degradation of the sampling media.

The Cincinnati Technical Center (CTC) has available an Isocyanates Sampling Kit (FES0001912) that has the equipment necessary to extract air samples in the field. These supplies can be ordered together as a kit, or each item can be ordered separately through CTC.

Sampling Procedure

Sample open-face by removing the top piece and the end plug from the cassette sampler immediately before sampling.

Attach the cassette to the calibrated sampling pump with flexible tubing and position it in the workers breathing zone so that it is in an approximately vertical position with the open-face pointing down during sampling. Position the sampling pump, cassette and tubing so it does not impede work performance or worker safety.

Do not allow air being sampled to pass through any hose or tubing before entering the cassette.

Sample for the appropriate time using the flow rate shown in Table 2 of Appendix B.

Field Extraction Procedure

Wear disposable gloves for the following procedure and do not spill any of the solvent because this will affect sample results. Extract each sample separately and wear new gloves for each sample. **CAUTION.** The extraction solution is extremely toxic and flammable (see MSDS). Immediately after sampling and in a clean location remove the coated filter from the cassette using clean forceps and place it in the glass vial containing the field extraction solution. If you spill any solvent on your gloves, replace them with new gloves immediately. Place the filter flat against the inside surface of the vial. Do not fold or crumple the filter. Immediately tightly seal the vial with the lined cap. Check to be certain that the cap on the vial is firmly tightened and does not leak. Vigorously shake the vial to wet the filter. Properly identify the sample and wrap each sample with a Form OSHA-21. Note any solvent spills on the Form OSHA-91A. Discard the backup pad and the polystyrene cassette in the regular trash.

Submit at least one blank sample with each set of samples. Extract and handle the blank sampler in the same manner as the other samples except draw no air through it. Do not leave the cassette top off the blank sample while air samples are being collected. Briefly remove the top cassette piece from the blank sample and then immediately replace it and extract the sample.

Record sample air volume (in liters of air) for each sample, along with any potential interference such as anhydrides, amines, alcohols, and carboxylic acids on the Form OSHA-91A.

Waste from the field extraction procedure except for the extraction solvent can be disposed of as regular trash. The CSHO's office may want to keep unused coated filters if they will be sampling again within the next month otherwise they can be disposed of as regular trash. The extraction solvent should either be returned to SLTC for disposal or disposed of locally if the office has access to a hazardous waste handler (e.g., perhaps a local laboratory could dispose of the waste).

Shipping Procedure

Ship any bulk samples separate from the air samples.

Use the same packaging material in which the vials containing the extraction solution was shipped from SLTC to pack and return the sample extraction vials to SLTC for analysis.

Submit the extracted samples to SLTC for analysis as soon as possible after sampling. As a precaution, store the samples in a refrigerator for up to 1 week if delay is unavoidable. The samples do not require refrigerated shipment. Be certain to follow all applicable hazardous materials shipping restrictions and requirements. Persons shipping hazardous goods must be trained and certified by an authorized contract carrier such as UPS or FedEx that has been approved by U.S. Department of Transportation (DOT).

CSHOs should check with their area director to obtain the required DOT Hazardous Goods training.

Resources

OSHA's sampling and analytical methods for isocyanates can be accessed and downloaded from OSHA's public website www.osha.gov. They are located under Chemical Sampling Information.

Appendix C

<u>Health Surveillance Form (Non-mandatory) – Isocyanate Exposure</u>

| Interviewer: Date: | | | _ |
|---|---------------------|-------------|-----------------------|
| Worker Name: | | | |
| What was the month and year that you were hired at What is your job title? Please describe your job duties: | | | |
| | | | |
| 4. How many hours per week do you work on average? | | | |
| 5. In what area or areas of the plant do you work? | | | |
| 6. Have there been any recent changes to your immedia worksite? a. If YES, what has changed and when? | Yl | ES _ | NO |
| | | | |
| 7 . Do you use any of the following personal protective work area? | equipment | while wo | rking or while in the |
| a. RespiratorYES | _NO | TYPE _ | |
| b. Gloves YES | | | |
| <u> </u> | _NO | TYPE _ | |
| d. Eye ProtectionYES | _NO | _ | |
| e. Other Protective Equipment (If worker answe | ers YES , pl | ease list b | pelow): |
| | | | |
| Please ask the worker the following questions in regard | | d current | t medical conditions: |
| (For YES responses, note the month and date of first de | iagnosis). | | |
| Q Has a deater ever tald you that you have asthme? | VI | T C | NO |
| 8. Has a doctor ever told you that you have asthma? If YES , when did the doctor tell you this? | 11 | LO _ | NO |
| 9. Has a doctor ever told you that you have any of the fo | | | ed conditions? |
| a. Work-related asthma - | onowing w | | NO |
| If YES , when did the doctor tell you this | | | 110 |
| b. Allergies from exposures at work - | ·YI | | NO |
| If YES , when did the doctor tell you this | | _ | 110 |
| c. Bronchitis from exposures at work - | YI | ES | NO |
| If YES , when did the doctor tell you this | | _ | |
| d. Skin rash from exposures at work - | YI | ES | NO |
| If YES , when did the doctor tell you this | · | | |
| e. Hypersensitivity pneumonitis - | YI | ES | NO |
| If YES , when did the doctor tell you this | · | = | |
| , | | | |

(If the worker has been diagnosed with any work-related condition or has symptoms that may be associated with isocyanate exposure, consider asking the worker to sign a medical release to

obtain a copy of the worker's personal medical records or obtain a medical access order (MAO) for the worker's employer medical records).

10. Please ask the worker the following questions regarding symptoms. (If worker answers **NO**, go to the next symptom. If the answer is **YES**, ask the questions <u>across</u> the row):

| Symptom* | YES | NO | If yes, approximately what date did you first notice symptoms? | Do your symptoms occur at work? | Do your symptoms improve when you are away from work such as while on vacation or on the weekends? (Describe): | Do you think your symptoms are brought on by any particular work activity, chemical exposure, or work area? (Describe): |
|----------------------------------|-----|----|--|--|---|---|
| Cough | | | | | | |
| Wheezing | | | | | | |
| Watery or itchy eyes | | | | | | |
| Nose stuffiness or itching | | | | | | |
| Skin rash or itching | | | | | | |
| Shortness of breath | | | | | | |
| Chest tightness | | | | | | |
| Fever or chills | | | or infection | | | |

^{*}Not related to a cold or infection

| 11. Have you missed any days from work because of respiratory symptoms?YESNO |
|---|
| 12. Have you been restricted or transferred from one job assignment to another because of |
| respiratory symptoms?YESNO |
| 13. Have you informed anyone in management or supervision of symptoms related to isocyanate |
| exposure?YESNO |
| |
| Other Comments: |

Appendix D

Sample Isocyanates Hazard Alert Letter

Note: This letter must be adapted to the specific circumstances noted in each inspection. The letter below is an example of the type of letter that may be appropriate in some circumstances. If the employer has implemented, or is in the process of implementing efforts to address problem conditions, those efforts should be recognized and encouraged, if appropriate.

Italicized comments are for OSHA compliance use only and should not be included in the letter.

Dear Employer:

An inspection of your workplace and evaluation of your OSHA recordkeeping logs at (*location*) on (*date*) disclosed the following condition(s), which are consistent with employee exposure to (*list isocyanate*), a known occupational health hazard; (*list conditions*).

(Include a general description of the risk factors for each task/job associated with respiratory sensitization/asthma, such as lack of ventilation, lack of PPE, inappropriate PPE, etc.)

Even though sampling did not show exposures above an OSHA permissible exposure limit, in the interest of workplace safety and health, I recommend that you voluntarily take the necessary steps to materially reduce or eliminate your employees' exposure to the conditions listed above.

While the risk of health hazards associated with exposure to isocyanates can be reduced or eliminated by implementing a single means of abatement, in most cases a variety of abatement methods will provide a more effective method of addressing these hazards. These include workplace analysis of jobs and tasks to assess hazards associated with those jobs and tasks and the steps to abate them; product substitutions; engineering, administrative and work practice controls; accurate injury and illness recordkeeping; medical surveillance; medical management of occupational illnesses and injuries; education and training of employees; and management oversight. When respiratory sensitization, asthma or other hazards associated with isocyanate exposure are addressed on an incremental basis to determine the effectiveness of a specific control strategy, it is important to evaluate the effectiveness of the results in a timely manner. If the initial control strategy fails to eliminate or substantially reduce employee exposures, additional control measures should be implemented.

We have examined available information on the hazards associated with these jobs/tasks, and your efforts to address these hazards. The evaluation suggests that the following additional methods of abatement should be implemented.

1. Engineering Controls

If substitution is not possible, engineering controls are the first line of defense in employee protection. Therefore, employers should provide appropriate engineering controls and should

train their employees in their use and in proper work practices to ensure that employee occupational exposure to isocyanates are maintained below levels hazardous to employees. The following engineering controls are recommended:

• (list possible engineering controls: local exhaust ventilation, automated process, isolating the process, etc.)

2. Administrative and Work Practices Controls

The following work practices should be used to ensure that occupational exposure to an isocyanate(s) during ($list\ operation(s)$) is (are) reduced:

- (List possible controls such as: limiting the time employees are exposed);
- (*Job rotation*);
- (Monitor employee exposures on a regular basis);
- (Limit the number of employees who have access to areas where the operation occurs);
- (*Provide separate lockers for work clothes and street clothes*);
- (Do not eat, drink, apply cosmetics or use tobacco products in work area(s));
- (Do not leave the workplace wearing protective work clothing or equipment or take it home to launder):
- (Wash face, hands, and forearms before eating, drinking, smoking, or applying cosmetics);
- (Shower at end of work shift);
- (Immediately and thoroughly wash off skin with soap and flowing water if dermal contact occurs);
- (Wear appropriate personal protective equipment);
- (A medical surveillance program as described in Appendix I);
- (*Etc.*)

3. Personal Protective Equipment

To be effective, personal protective equipment must be individually selected; properly fitted and periodically refitted; conscientiously and properly worn; regularly maintained; and replaced as necessary. In addition, employers must:

- Perform a workplace hazard assessment in accordance with 29 CFR 1910.132(d) (or equivalent construction or maritime standard) to determine if hazards are present, or are likely to be present which necessitate the use of personal protective equipment (PPE);
- Provide and ensure the use of the appropriate gloves (e.g., butyl, nitrile), goggles, and protective clothing when a potential for eye or dermal exposure exists (e.g., exposure to contaminated equipment, chemical containers, etc.);
- Train employees on the limitations and use of PPE required during (*list operations*);

- Establish, implement, and maintain a written respiratory protection program in accordance with 29 CFR 1910.134(c) whenever the employer requires the use of respiratory protection;
- Provide and ensure that employees use appropriate respiratory protection;
- (*Etc.*).

4. Training and Information

Employers must comply with the OSHA Hazard Communication standard, 29 CFR 1910.1200. In particular, employers must ensure that employees exposed to isocyanates are trained in and have access to the following information:

- The specific nature of the operations in their workplace where exposure may occur;
- Safety Data Sheets (SDSs) for chemicals containing isocyanates;
- The signs and symptoms of isocyanate exposure;
- The importance of avoiding dermal contact when working with isocyanates;
- The engineering controls the employer is using to reduce employee exposures to isocyanates;
- Specific work practices that should be used to reduce exposure to isocyanates;
- The use of appropriate protective equipment, including respirators and skin protection and the limitations of that equipment; and
- Methods that may be used to detect the presence of the isocyanates in the workplace, such as workplace monitoring.

In addition, the results of any air or wipe sampling the employer or others have conducted for levels of isocyanates should be shared with employees and/or their representative.

(Using the above components, together with information gathered during the inspection, describe the specific conditions or weaknesses and suggest methods of abatement.)

You may voluntarily provide this Area Office with progress reports on your efforts to address these conditions. OSHA may return to your worksite to further examine the conditions noted above.

Enclosed is a list of available resources that may be of assistance to you in preventing work-related injuries and illnesses in your workplace.

| If you | have any | questions, | please : | feel | free to | call | name j | ' at / | pho | ne num | ber] | ١. |
|--------|----------|------------|----------|------|---------|------|--------|--------|-----|--------|------|----|
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Area Director

Enclosure

Appendix E

Publications and Resources

OSHA publications are available online at

<u>http://www.osha.gov/pls/publications/publication.html.</u> If you are unable to access the online publications and would like to place an order, please contact the OSHA Publications Office at 1-800-321-OSHA (6742).

OSHA Online Resources:

Safety and Health Topics Page on Isocyanates

Safety and Health Topics Page on Occupational Asthma

Safety and Health Topics Page on Hazard Communication

Safety and Health Topics Page on Personal Protective Equipment

Safety and Health Topics Page on Respiratory Protection

Safety and Health Topics Page on Spray Operations

Safety and Health Topics Page on Ventilation

Additional Safety and Health Topics Pages can be found online at OSHA Safety and Health Topics.

OSHA Publications:

- Chemical Hazard Communication (No. 3084)
- Hazard Communication Guidelines for Compliance (No. 3111)
- Job Hazard Analysis Guide (No. 3071)
- Personal Protective Equipment (No. 3151)
- Small Business Handbook (No. 2209)
- <u>Small Entity Compliance Guide for Respiratory Protection Standard</u> (CFR 1910.134), (No. 9071)

OSHA/NIOSH Spirometry InfoSheet - http://www.osha.gov/Publications/osha3415.pdf OSHA/NIOSH Spirometry Worker Info - http://www.osha.gov/Publications/osha3418.pdf

OSHA Small Business Assistance:

Small business owners who are concerned about the cost of professional help can contact the OSHA Consultation Project Office in their state for free consultation service. Priority is given to businesses with fewer than 250 employees at a worksite, with further consideration given to the severity of the worksite problem. The OSHA Consultation Program can help employers evaluate and prevent hazardous conditions in their workplace that can cause injuries and illnesses, including the hazards associated with exposures to isocyanates. For more compliance assistance information, please visit OSHA's Small Business web page at http://www.osha.gov/dcsp/smallbusiness/index.html.

National Institute for Occupational Safety and Health (NIOSH) Resources:

NIOSH Safety and Health Topics Page on Isocyanates

NIOSH Safety and Health Topics Page on Asthma and Allergies

NIOSH Properties Asthma & Death from MDI Exposure During Spray on T

NIOSH Preventing Asthma & Death from MDI Exposure During Spray-on Truck Bed Liner and Related Applications, (Sept. 2006), DHHS Pub. No. 2006-149

Other Resources:

Heederik, Derrick, Henneberger, Paul A. and Relich, Carrie A. (2012). "Primary prevention: exposure reduction, skin exposure and respiratory protection." *European Respiratory Review* 21(124), 112-114. Available at: http://err.ersjournals.com/content/21/124/112.full.pdf

De Vries, Thomas, Bello, Dhimiter, Stowe, Meredith H., Harari, Homero, Slade, Martin D., and Redlich, Carrie A. (2012). "Transferability of Aliphatic Isocyanates from Recently Applied Paints to the Skin of Auto Body Shop Workers." *Journal of Occupational and Environmental Hygiene*, 9, 699-711. Available at: http://www.ncbi.nlm.nih.gov/pubmed/23067057

Arrandale, V.H., Liss, G.M., Tarlo, S.M., Pratt, M.D., Sasseville, D., Kudla, I., Holness, D.L. (2012). "Occupational Contact Allergens: Are They Also Associated With Occupational Asthma?" *American Journal of Industrial Medicine*, 353-60. Available at: www.ncbi.nlm.nih.gov/pubmed/22238032

Bello, Dhimiter, Herrick, Christina A., Smith, Thomas J., Woskie, Susan R., Streicher, Robert P., Cullen, Mark R., Liu, Youcheng, Redlich, Carrie A. (2007). "Skin Exposure to Isocyanates: Reason for Concern." *Environmental Health Perspectives*, 115(3), 328-335. Available at: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1849909/

Appendix F

Sample General Duty Clause Citation Language

Where exposures to isocyanates exist and the conditions meet the elements of a 5(a)(1) violation, a General Duty Clause citation may be issued. Below is an example of language to use for a 5(a)(1) citation.

Section 5(a)(1) of the Occupational Safety and Health Act of 1970: The employer did not furnish a place of employment that was free from recognized hazards that were causing or were likely to cause death or serious physical harm to employees in that employees were exposed to (*chemical name*), which was causing or likely to cause respiratory illness such as asthma or skin sensitization:

a. On or about (*date*), (*list employee titles, or names*) working in the (*name area(s)*) was/were exposed to (*name chemical*). Exposures occurred via (*list routes of entry: inhalation, ingestion, dermal absorption, etc.*) at concentrations of (*list exposure levels, surface/dermal contamination levels*).

The employer could feasibly adopt measures that would be effective in reducing or eliminating employee exposure to (name chemical) and the associated risk of developing (asthma or other effects of exposure/disease). Examples of such measures may include:

- 1) Engineering controls including (*if applicable*, *list relevant engineering controls*, *such as local exhaust ventilation*, *substitution*, *etc*).
- 2) Administrative and work practice controls, including (*if applicable, list relevant administrative and work practice controls, such as rotation, cleaning working surfaces, maintenance of engineering controls, medical monitoring, etc*).
- 3) Personal Protective Equipment, including (if applicable, list relevant PPE).

Appendix G

General Guidance for Employers on Personal Protective Equipment (including Respiratory Protection) for Worker Exposures to Isocyanates

The following information is adapted for this NEP based on information obtained from the Region 2 Isocyanate Local Emphasis Program.

Employers are required to make a hazard assessment of their workplace to determine what kinds of personal protective equipment (PPE) their employees need for protection against isocyanates. The types of PPE selected will be influenced by a number of factors, such as the specific job functions of the worker and the chemical resistance of the PPE. An effective PPE program greatly increases the effectiveness of protective gear. See 29 CFR 1910 Subpart I (General Industry), 1926 Subpart E (Construction), 1915 Subpart I (Shipyard), and 1918 Subpart J (Longshoring).

Specific Job Functions

The nature of the job being performed will greatly influence the selection and features of protective clothing. For example, workers that are analyzing foam samples in a laboratory may require light-duty gloves (at least 5 millimeters in thickness) that are flexible and preserve manual dexterity. The potential for worker exposure is limited to a localized area and may only require gloves and either a lab apron or lab coat, in addition to eye protection. In contrast, a maintenance project, such as repairing a pump line, may require workers to wear thicker gloves that are rugged and durable, as well as hooded chemically-resistant overalls and boots.

General Principles of Personal Protective Equipment Selection

- The item must be suitable for the job the worker is to perform.
- The item must offer a protection time that exceeds potential exposure times.
- The item must be replaced before protection time is exceeded.
- Disposable items are preferable to reusable ones, because of contamination/decontamination issues.

Chemical Resistance of Glove or Clothing

To be effective, the protective clothing must resist permeation and penetration by the chemical or chemicals being handled. Use of disposable gloves and clothing is preferred because proper decontamination of reusable items is often difficult. The employer should request documentation from the manufacturer or distributor specifying if the protective equipment meets the appropriate test standard(s) for the type(s) of chemical(s) used in the workplace. For example, some isocyanates may be part of a solvent mixture, so the gloves must protect against the solvent also.

The protection time of PPE is an important selection consideration. Protection time is the time required for a chemical to permeate or make its way through the chemical protective glove or clothing material, and is the material's maximum use time. Keep in mind that isocyanates are often found as a mixture with other chemicals, especially solvents. Gloves and clothing may be affected by solvents, which can reduce the time it takes for solvents and isocyanates to permeate the glove material. PPE manufacturers are able to provide protection times for their equipment.

It is important for the wearer to understand the need to change gloves and clothing often enough to avoid exceeding manufacturers' stated protection times and to prevent skin contact with isocyanates. The manual dexterity requirements of some jobs require the use of thin, form-fitting gloves. These may offer limited amounts of protection time, so use of such gloves is acceptable only if the gloves are changed with sufficient frequency. For example, if a job requires the use of thin, flexible gloves with a 30-minute protection time for isocyanates, then the wearer should change gloves within 30 minutes from initial contact with the isocyanate-containing compound.

Eye and/or Face Protection

Based on the operation, either safety goggles or a face shield may be required when working with isocyanates.

Respiratory Protection - General

An effective written respiratory protection program must be developed and implemented in accordance with 29 CFR 1910.134. Key provisions include assignment of a program administrator, fit testing, medical evaluations, proper use of respirators, training and information (including the need for a user seal check each time the respirator is donned), maintenance and care of respirators, program evaluation and recordkeeping.

Respirator Evaluation and Selection

The employer is required to select the appropriate respirator for each situation in which employees are exposed to isocyanates above the PEL or at any level that poses a recognized hazard of death or serious injury or illness to workers. Some factors that must be included in the evaluation by the employer are as follows.

- A. The concentration of isocyanates in the air to which employees will be exposed must be considered. MDI and TDI have OSHA Ceiling Limits; Methyl Isocyanate has an 8-hour TWA PEL. See Appendix B. Other isocyanates have been evaluated by other organizations and have occupational exposure limits such as the NIOSH REL or ACGIH TLV. Paragraph 1910.134(d)(3)(i) requires the employer to "provide a respirator that is adequate to protect the health of the employee and ensure compliance with all other OSHA statutory and regulatory requirements under routine and reasonably foreseeable emergency situations." Therefore, when selecting a respirator for protection against substances that have TWA PEL or Ceiling Limits, the employer must not only consider if exposure levels may be reached or exceeded during routine operations, but also if they may be exceeded during reasonably foreseeable emergency situations. The employer must then select a respirator that would provide adequate protection against these levels.
- B. Negative pressure respirators carry a greater risk of leakage than positive pressure respirators. If the face-to-facepiece seal is compromised (e.g., because of beard growth), more contaminated air is likely to leak in than would be the case with positive pressure respirators.

The protection factor of the respirator needs to be taken into account when selecting a respirator. Paragraph 1910.134(d)(3)(i)(A) discusses the protection factors of the respirators. The respirator

chosen must protect the employee from the concentration of isocyanate to which they are being exposed.

Paragraph 1910.134(d)(1)(i) states, "the employer shall select and provide an appropriate respirator based on the respiratory hazard(s) to which the worker is exposed and the workplace and user factors that affect respirator performance and reliability."

Paragraph 1910.134(d)(3)(iii)(B) further states that for protection against gases and vapors at levels that are not Immediately Dangerous to Life or Health (IDLH) an air-purifying respirator may be used, provided that:

- 1. The respirator is equipped with an end-of-service life indicator (ESLI) certified by NIOSH for the contaminant; or
- 2. If there is no ESLI appropriate for conditions in the workplace, the employer implements a change schedule for canisters and cartridges that is based on information or objective data that will ensure that canisters and cartridges are changed before the end of their service life. The employer shall describe in the respirator program the information and data relied upon and the basis for the change schedule and the basis for reliance on the data.

OSHA anticipates that some employers who perform the required evaluation will determine that air-purifying respirators (APRs) are appropriate for their circumstances. Others may prefer to provide powered-air purifying respirators (PAPRs). APR and PAPR cartridges also need to be changed out. See below on change-out information. Under some circumstances, other employers may determine that Supplied-Air Respirators (SARs) may be the only appropriate type of respirator for these hazards, especially in high-exposure industries like automotive painting.

Respirator Cartridges and Change-out Schedules

OSHA's Respiratory Protection standard, 29 CFR 1910.134, does not permit the use of warning properties as the sole basis for a cartridge change-out schedule. In addition, isocyanate-containing compounds do not have appropriate sensory warning properties. For atmospheres which are not IDLH, APRs are now considered acceptable as long as appropriate precautions and change-out schedules are in place. See 29 CFR 1910.134(d)(3)(iii)(B).

Currently, there are few respirator cartridges or canisters available on the market with ESLI, and none for isocyanates. An employer must select a cartridge or canister recommended for the chemical(s) against which the cartridge or canister is meant to protect employees. The employer must then implement a change schedule for the canister or cartridges that is based on objective information or data that will ensure that the canister and cartridges are changed before the end of their service life. The data relied upon and the information forming the basis of the determination must be included in the written respirator program. If more information becomes available, an employer would be expected to review and, if necessary, revise the change-out schedule. Further information on change out schedules may be found at http://www.osha.gov/SLTC/etools/respiratory/change_schedule.html.

The International Isocyanate Institute⁶ sponsored a study to determine the effectiveness of airpurifying respirator cartridges in removing MDI aerosols from air. They concluded that:

- Organic vapor cartridges without a particulate filter were not effective at removing MDI aerosols from air;
- Organic vapor cartridges with dust/mist (DM) or high efficiency (N100) filters effectively removed greater than 99% of MDI aerosol and vapor in all test atmospheres; and
- Formation of MDI aerosols was evident even at very low (<100ug/m³) total MDI concentrations.

Other PPE Information

Isocyanate vapors are corrosive and severely damaging to the eyes. Contact may cause permanent eye damage. If a half-mask respirator is selected, an employer would also be required under 29 CFR 1910.133(a)(1) to ensure that the employee uses appropriate eye and face protection.

Vapors of isocyanates may cause skin irritation and sensitization. The employer is required under 29 CFR 1910 Subpart I (General Industry), 1926 Subpart E (Construction), 1915 Subpart I (Shipyard), and 1918 Subpart J (Longshoring) to assess the workplace and select appropriate personal protective equipment. Additional personal protective equipment to protect the skin of the face and neck may be required if an employer elects respirators which leave these areas exposed.

Exposure to diisocyanates can cause various respiratory ailments. If an employee using an APR reports any medical signs or symptoms which could be attributed to isocyanate exposure, the employer must take appropriate action. Paragraph 1910.134(e)(7)(i) requires additional medical monitoring if an employee reports medical signs or symptoms related to the ability to use a respirator.

Employee Training on PPE

Personal protective equipment can be effective only if the equipment is selected based on its intended use; employees are trained in its use; and the equipment is properly tested, maintained, and worn.

Teaming the proper personal protective equipment with a good training program can give the worker a large measure of safety where other controls are inadequate or impossible. Train your employees to know:

- Why hand, arm, and body clothing, and respiratory protection are necessary i.e., why isocyanates are a hazard that require skin and breathing protection;
- How the PPE will protect them;

⁶ Information on the International Isocyanate Institute, Inc. may be found at www.diisocyanates.org.

- The limitations of the protective equipment you have supplied;
- When a worker must wear the protective equipment;
- How to wear the protective gloves, sleeves, and clothing properly;
- How to ensure a comfortable and effective fit;
- How to identify signs of wear, such as cracks, scrapes or lacerations, thinning or discoloration, or break-through to the skin; and
- How to clean and disinfect reusable protective gloves, sleeves, body clothing, and respiratory protection.

Appendix H

General Guidance for Employers on Medical Surveillance Program Information for Worker Exposure to Isocyanates

A medical surveillance program for workers exposed to isocyanates should be developed, supervised and monitored by a physician who is Board Certified/Board Eligible in any of the following:

- Occupational Medicine
- Pulmonology/Pulmonary Medicine
- Internal Medicine

- Family Medicine
- Allergy and Immunology (especially if focused on asthma care)

General recommendations for an isocyanates medical surveillance program include⁷:

- Preplacement, annual and exit general medical examinations with:
 - Special emphasis on the respiratory tract
 - o A medical history including an extensive work history, history of pre-existing respiratory conditions such as asthma, and a smoking history.
 - Spirometry (more information for employers and employees can be found on the <u>Spirometry Information sheet</u> (http://www.osha.gov/Publications/osha3415.html) and <u>Spirometry Worker Information sheet</u> (http://www.osha.gov/Publications/osha3418.html)).
- Workers with a history of respiratory conditions should be informed of the potential for increased health risks associated with exposure to isocyanates.
- Isocyanate-sensitized individuals should be assigned to work in areas where exposure to isocyanates is not expected.

Examples of medical surveillance programs:

- Michigan State University's "Recommended Medical Screening Protocol for Workers Exposed to Occupational Allergens" http://www.oem.msu.edu/userfiles/file/Resources/asthmaprotocol.pdf
- 2. Asthma Initiative of Michigan's Recommended Medical Screening Protocol for People Exposed to Work-Related Allergens http://www.getasthmahelp.org/work-related-asthma-screening.aspx

General Occupational Medicine Resources:

Association of Occupational and Environmental Clinics (AOEC) - http://www.aoec.org/

Workplace Health and Safety Queensland Designated Doctor Program: Isocyanate health surveillance guidelines: www.deir.qld.gov.au/workplace/resources/pdfs/ddp-isocyanateguide.pdf

⁷ These recommendations can be found at http://www.michigan.gov/documents/cis wsh cet5045 90179 7.doc