



COSHH essentials for welding, hot work and allied processes

This information will help employers (including the self-employed) comply with the Control of Substances Hazardous to Health

Regulations 2002 (COSHH), as amended, to control exposure and protect workers' health. It is also useful for trade union safety representatives.

Welding fume can cause lung disease, with an increased risk of asthma and cancer.

Cutting fume is associated with an increased risk of lung disease and asthma.

Gouging fume and dust is associated with an increased risk of lung disease and cancer.

This sheet describes good practice using RPE and engineering controls.

It covers the points you need to follow to reduce exposure to an adequate level.

It is important to follow all the points, or use equally effective measures.

Confined space work requires permit-towork procedures.

Main points

- Dust and fume can cause serious lung diseases.
- Keep exposure as low as possible using all the controls in this sheet.
- Design, install, commission and maintain engineering controls. See sheet G406.
- Health monitoring is usually needed.
 See sheet G401.
- See manufacturers' safety data sheets
 select safer consumables.

RPE used with forced ventilation

Control approach R

Respiratory protective equipment (RPE)

Access and premises

Only allow access to authorised staff.

Equipment

- Provide RPE.
- ✓ Provide personal gas alarms for work in confined spaces.
- ✓ Provide dilution ventilation. Use an air mover to disperse fume.
- ✓ Use an air blower to get fresh air into restricted working places.
- ✓ Induced draughts must not interfere with shielding gas.

Procedures

- Make sure that workers check their RPE works properly every time they put it on.
- ✓ Visually check compressed gas and air lines for signs of damage before use.
- Remove grease and all surface coatings first, unless they are meant to be welded or cut through.
- ✓ Arrange work so that the worker's head is out of the fume.
- Confirm that any ventilation fans are turned on and working.
- Check for gas leaks.

Maintenance, examination and testing

- ✓ It is vitally important to maintain RPE in effective and efficient working order.
- ✓ Follow the instructions in the manual.
- ✓ If any equipment is faulty, stop work until it is repaired.
- Daily, look for signs of damage. Noisy or vibrating fans can indicate a problem.
- ✓ Make sure that users examine their RPE and test it works properly before each use.
- ✓ Examine and test RPE thoroughly at least once every three months.
- Check the air flow and air quality to air-fed RPE at least once every three months or before use. Ensure that compressors take in only clean air.
- ✓ Keep records of all examinations and tests for at least five years.
- Review records failure patterns show where preventive maintenance is needed.
- If hot work involves cadmium, seek advice on biological monitoring see 'Useful links'.

Personal protective equipment (PPE)

- ✓ Ask your safety equipment supplier to help you get the right PPE.
- ✓ Provide storage for clean and contaminated PPE.

Respiratory protective equipment (RPE)

- ✓ RPE is always needed.
- Provide a powered or air-fed welding helmet that suits the wearer, the job and the work environment.
- ✓ For more heavy duty work, use a compressed air-line helmet to BS EN 270 standard. See sheet R5.
- ✓ For normal work, use a type LDH2 air-line helmet to BS EN 1835 standard or type TH2 powered filtering helmet to BS EN146/EN12942. See sheet R3.
- ✓ For short-term tasks, type P3 high-efficiency disposable RPE is acceptable.
- ✓ Could there be a confined space? If so select air-line RPE.
- ✓ Make sure all RPE is properly fit-tested get advice from your supplier.
- ✓ Make sure that workers check their RPE works properly before use.
- ✓ Replace RPE filters as recommended by your supplier. Throw away disposable masks after one use.
- Keep RPE clean and store it away from dust.

Other protective equipment

- Provide and ensure that workers use flame-resistant overalls and protective gloves.
- Use a properly equipped contract laundry or a suitable equivalent to wash work clothing.
- ✓ Skin creams help in washing contamination from the skin. After-work creams help to replace skin oils.

Caution: Never allow use of compressed air for removing dust from clothing.

Health monitoring

- ✓ You should consider health monitoring. See sheet G401.
- Consult an occupational health professional see 'Useful links'.

Cleaning and housekeeping

✓ Keep the work area clean and free of combustible materials.

Training and supervision

- Tell workers that fume from welding and cutting can cause serious lung diseases.
- ✓ Working in the right way and using the controls correctly is important for exposure control. Train and supervise workers. See sheet WLO.
- Provide training for any work in confined spaces.

Further information

- Respiratory protective equipment at work: A practical guide HSG53 (Third edition) HSE Books 2005 ISBN 071762904 X
- The safe use of compressed gases in welding, flame cutting and allied processes HSG139 HSE Books 1997 ISBN 0 7176 0680 5
- Health and safety in arc welding HSG204 HSE Books 2000 ISBN 0717618137
- Thoriated tungsten electrodes Information document OC 564/6(rev) HSE 1995 Web only version available at www.hse.gov.uk/foi/internalops/fod/oc/500-599/564_6r.pdf
- Permit-to-work systems Leaflet INDG98(rev3) HSE Books 1997 (single copy free or priced packs of 15 ISBN 07176 1331 3)
- Safe work in confined spaces Leaflet INDG258 HSE Books 1997 (single copy free or priced packs of 20 ISBN 0717614425)
- For environmental guidelines see sheet WLO

Useful links

- Your trade association may advise on health and safety consultants and training providers.
- For information about health and safety, or to report inconsistencies or inaccuracies in this guidance, visit www.hse.gov.uk/. You can view HSE guidance online and order priced publications from the website. HSE priced publications are also available from bookshops.
- Contact the British Occupational Hygiene Society (BOHS) on 01332 298101 or at www.bohs.org for lists of qualified hygienists who can help you.
- Look in the Yellow Pages under 'Health and safety consultants' and 'Health authorities and services' for 'occupational health'.
- Also see www.nhsplus.nhs.uk.
- Biological monitoring contact the Health and Safety Laboratory (HSL) e-mail hslinfo@hsl.gov.uk, or other service laboratories.

This document is available at: www.hse.gov.uk/pubns/guidance/ and www.hse.gov.uk/coshh/essentials/

This document contains notes on good practice which are not compulsory but which you may find helpful in considering what you need to do.

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Employee checklist
☐ Do you know how to use the controls properly?
☐ Is your RPE working properly?
Check the RPE clean air supply.
Is the air mover/blower in the right position and working?
Use, maintain and store your protective equipment in accordance with instructions.
Look for signs of leaks, wear and damage.
☐ If you find any problems, tell your supervisor. Don't just carry on working.
Co-operate with health monitoring.
Wash your hands before eating, drinking, or using the lavatory.
Never clean your hands with solvents or concentrated cleaning products.
Use skin creams provided as instructed.